



Nicks Semi-Dry Pork BBQ – 23453
USDA-COMMODITY



Nutrition Facts	
Serving Size 2.60 (73.7g)	
Meets 2 oz meat/meat alternate requirement.	
Amount per serving	
Total Calories 130	
Calories from Fat 51	
% Daily Value*	
Total Fat 5.8 g	8.8%
Saturated Fat 2.1 g	10.6%
Trans Fat 0 g	0%
Cholesterol 38 mg	13.0%
Sodium 261 mg	11.3%
Total Carbohydrates 2.0g	.75%
Protein 18.8 g	37.5%
Vitamin A 0.42%	Vitamin C 0.28%
Calcium 0.14%	Iron 11.5%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.	

The Carolina style barbecue uses specialty vinegar and spices to make a sauce which is added during the production process for a one-of-a-kind flavor. The vinegar tenderizes, flavors, and preserves the barbecue. With minimal ingredients, no fillers, our barbecue is high in protein, low in fat and will satisfy your students.

Ingredients

Pork, Water, Vinegar, Spices
Allergens: No known allergens.

Cooking instructions:

Oven: Empty contents into oven safe pan and heat at 325 degrees until barbecue is 165 degrees.
Stove top: Empty contents into skillet and warm up on medium heat until barbecue is 165 degrees.

Shipping Info:
 Net Weight: 40.00 lbs.
 Gross Weight: 42.50 lbs.
 Pack: 8/5 lbs. bags
 Servings/case 246/2.6 oz.
 USDA Product 100193
 Shelf Life: 12 months, frozen
 Country of Origin: 100% U.S.A.
 Product Item # 23453
 Minimum Order 1 pallet/40 cases
 Net weight 1600 lbs.



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